

Welcome to a Backwoods Orienteering Klub event!

1) **Online Registration.** You should have already registered and paid for this event and accepted the waiver of responsibility online. If not, go to <https://backwoodsok.org/store/> and take care of that now. We do not accept cash at our events.

2) **Fill out a contact card,** located on the CONTACT CARDS & MAPS table. This allows us to track who is still on the course and reach you if you do not come on time. Also, please mark the course you registered for so we will know which map to give you. Unless you have your own finger stick, do not fill out that number. We will enter it for you at the registration table.

3) **View Sample Maps.** You can also see sample maps on the same table. Newcomers should usually try the White course first.

4) **Visit the REGISTRATION table** with your completed contact card. There you will get your map, finger stick (if you are renting one), and safety whistle (if you purchased one). You can also borrow a compass.

5) **Attend the BEGINNERS CLASS at 12:30** if this is your first time at an event, to get basic instructions on how to participate.

6) **Take your contact card to the START/FINISH table** and give it to the volunteer. We will keep this form to indicate you are on the course. Put your finger stick in the Clear box, then the Start, and you are ready to go – have fun!

7) **RETURN TO THE START/FINISH TABLE AFTER YOUR COURSE.** Punch “Finish” and “Download.” Find your contact card on the clipboard for your event and hand it to the volunteer. This way we know you are off the course, and that we do not need to search for you.

8) **BE SAFE:** *You need to take your cell phone and a safety whistle with you. The meet organizer’s phone number is printed on the map. If you run into any troubles on the course that you cannot resolve yourself, you can call the meet organizer. In the event of an emergency beyond the scope of a meet volunteer, dial 911.*

Backwoods Orienteering Klub	
You Must Return By 3:00 PM	
Stick	<input type="checkbox"/> Rent <input type="checkbox"/> Own <input type="checkbox"/> Borrow
I agree to pay BOK \$40 if I lose my rental Finger Stick	
Course	<input type="checkbox"/> White <input type="checkbox"/> Yellow <input type="checkbox"/> Orange <input type="checkbox"/> Brown <input type="checkbox"/> Green <input type="checkbox"/> Red <input type="checkbox"/> Blue <small>(circle course)</small>
Name of competitor or team leader	
First	
Last	
Phone (cell) _____	
Car make & color _____	
Car License # _____ State _____	
Paid Online	<input type="checkbox"/>
Others with you on the course	
Start time	: Total time : :
<small>Waiver of Responsibility: I, the undersigned, know that orienteering, as an outdoor action sport, carries significant risk of personal injury. I know that there are natural and man-made hazards, environmental conditions, and risks, which, in combination with my actions, can cause me serious, or possibly even fatal injury. I agree that I, as a participant, must take an active role in understanding and accepting these risks, conditions, and hazards. I also agree that I, and not the organizers and officials of this event, the US Orienteering Federation, the land owners or managers, or any sponsors, I am responsible for my safety while I participate in this event. I take full responsibility for myself and/or my child. The undersigned is granted an OUSA membership for the event dates.</small>	
Signature _____	Date _____
<small>If under 18, a parent must sign.</small>	

